

The Prayer of Transformation

(Dr. James Richards)

Heavenly Father search my heart and discover the origin of this
(thought or feeling) of _____.

Go to the very root of my being and resolve this origin in order to
bring every aspect of my spirit, soul, and body into harmony with
your truth and my true identity in Christ.

Search through every generation, every cellular memory, every action
and every expression of this (thought/feeling)
of _____.

Heal me completely according to the finished work of Jesus until Your
life, light, love, truth, righteousness, peace, and joy empower me to
completely forgive myself for every inappropriate expression,
distorted perception, and destructive behavior, and forgive every
person, place or circumstance that has contributed to this (thought or
feeling) of _____.

I choose to express my love for myself and my right as a child of God
by allowing every mental, emotional, spiritual and physical dis-ease
and inappropriate behavior based on this root problem recorded in my
DNA to be transformed.

I choose being _____.

I choose feeling _____.

I am _____.

It is done! It is finished; it is mine by the resurrection of Jesus!

Thank you, Holy Spirit for the grace to live in the fullness of my
identity as a child of God and a new creation in Christ.

I give you thanks, Jehovah my Healer, Who is good and only good.
You are my God, my strength, my hope and my salvation!

Express your personal love and appreciation to Him!