

## CONFESSIONS

My physical body is quickened and enlivened by the resurrection power of The Holy Spirit, who dwells within me. I draw on that power now, by Faith believing that it restores and revives every cell of my body. I determine Today to cooperate with that resurrection life by trusting in the Word of God . Resisting all negativity and stress. I walk in God's Peace, with a Positive ,joyful, attitude, knowing that He cares for me.

- I am a person of Faith.
- I Believe God's Word and do not Doubt.
- I keep the Word in my heart in abundance.
- I say continually what the Bible says about me.
- I am a child of the most high God.
- I am full of Divine strength and life.
- I will say of the Lord He is my refuge and my strength.
- I am in Him and He is in me.
- My body is healthy and strong.
- My mind is sharp, my memory is intact.
- I am fruitful at every age.
- I am a living memorial to the Goodness of God.
- I am free from sickness and disease.
- I am Blessed and highly favored and always forgiven.
- I will live and not die and declare the works of God.
- I will live long and strong and satisfied until God takes me home.

**Jesus, as you are in this world, so am I. I am healed, healthy, whole, prosperous, loving and strong. I rest in You Jesus!**